

ANNUAL PROGRESS REPORT

PARARTH SAMITI CHHINDWARA

2021 –2022

Pararth Samiti Chhindwara is a registered Non Government Organisation initiated by some likeminded young people together on 1 April 2000. The organization has completed its 22 years of working in the social work field. At present Pararth Samiti is working on health, nutrition, education and livelihood issues mostly with the downtrodden tribal communities where 8% are primitive Bhariya Tribes too.

Registration Act	M.P. Societies Registration Act (1973)
Registration Date	10 th April 2000
Registration number	JC4635
FCRA number (renewal)	FCRA No.063190017 (Registration FCRA 1976)
12A Registration Number (tax exemption for NGO income)	12A/HQPR/Reg./35/02-3/JBP
80G Registration Number (for 50% tax benefits)	ITBA/EXM/80G/2020-21/1031378396(1)
CSR Registration Number	

VISION

To establish a society free of social and economic uncertainties where everyone gets equal opportunities to excel as a voluntary agency, the organization endeavors to work as facilitators in the overall process of development.

MISSION

To work for the comprehensive development of poor, dalits and people living on margins, through promoting inclusive development processes and strengthening of people's institutions.

Head Office - At district head quarter, Chhindwara
 Block Office - At block head quarter, Tamia
 Training and Demonstration Centre at Atarwara Village, 10 kms from Chhindwara town.

STAFF

SN	Head Office	Field Office	Training Center	Total	Volunteers
Female	2	3	1	6	14
Male	3	6	1	10	2
Total	5	8	2	16	16

STACKHOLDERS AND BENEFICIARIES

Women, Female farmers, Pregnant and lactating women, adolescent girls (11-20 years old) and the children of 6 months to 3 years of age.

PROJECTS IMPLEMENTED IN YEAR 2021-2022

SN	PROJECT	FUNDING AGENCY
1	Livelihood Project (covid-19 relief)	
1.1	Goatery	PHF
1.2	Poultry	PHF
1.3	Vegetable Production	PHF
1.4	Rural Tourism	MPTB
2	Education Project	
2.1	Teacher – A Change Maker	WIPRO
3	Health and Nutrition Project	
3.1	Nutrition Security of Bharia Tribes in Patalkot area	PHF
3.2	COVID affected Vulnerable groups: Nutrition and Livelihood support to Migrant families	PHF
3.3	Covid Relief and Recovery Fund III	PHF
3.4	Nutrition Security program (survey)	Fusion Foundation

MAP

Target Area - Block Tamia, District Chhindwara, MP

NETWORKING AND ALLIANCE

S.N.	Agencies	Particulars
1	Government Departments	<ul style="list-style-type: none"> • Agriculture Science and Research Center, Chhindwara • ZARS Chhindwara • Agriculture Department • ICDS • Health Department • Education Department • Forest Department • NRLM • District and Block level CEO offices • JNKV Jabalpur
2	Other Organizations	<ul style="list-style-type: none"> • Samavesh, Bhopal • VikasSamvad, Bhopal • Rishi Valley River, Bangalore • Right for Food Campaign • MHRC • SDIA • WWF • Action aid
3	Donor agencies	<ul style="list-style-type: none"> • VIPRO, Bangalore • Paul Hemlin Foundation, New Delhi • JAGORI, Gramin, Dharamshala • MPTB
4.	Visit	<ul style="list-style-type: none"> • APF Bangalore • KVKCWA • Nabard CWA • Wipro Bangalore • Samavesh, Bhopal • PRADAN, Bhopal

ACTIVITIES

COMMUNITY ORGANISATIONS AND CAPACITY BUILDING

SN	PARTICULARS	NUMBERS
1	Covered Villages	56
2	Women Self Help Groups	172
3	SHG members	2286
4	Village Level Committees	45
5	Women Federation	1
6	Adolescent Girls Groups	32
7	Adolescent Girls Group members	413

- PatalkotNariMahila Shakti Sangh (Women Federation)**
 It is an organised platform for women of the area where they can raise their voices for their rights and also against any kind of exploitation or for better and prompt services related to the health, nutrition, education etc.
- Inter loaning and Savings in the SHGs**
 In each SHG, women are doing savings on the basis of their monthly contribution. Further they keep open their group savings to help the women members to get the small loans on very nominal rate of interest decided by the group members, which can be used in emergencies, for initiating any income generation activity, treatment, education etc. During the reporting period The total savings in women SHGs in the target area is Rs.24,71,384/- and total loan of Rs.22,88,440/- has been distributed to the SHG members of various groups.
- Village Level Samiti**
 Through VLC women get motivated for their active participation in Gram Sabha and also for the male folks to give full respect to the women's role and contribution in village planning and implementation and other development sector.

Objectives

- To ensure the fair distribution of health and nutrition related services at village level.
- To promote nutrition related sources at family level.
- To create awareness amongst the women and adolescent girls related to the health and nutrition.
- To strengthen the CBOs so they may raise their voices for their rights.

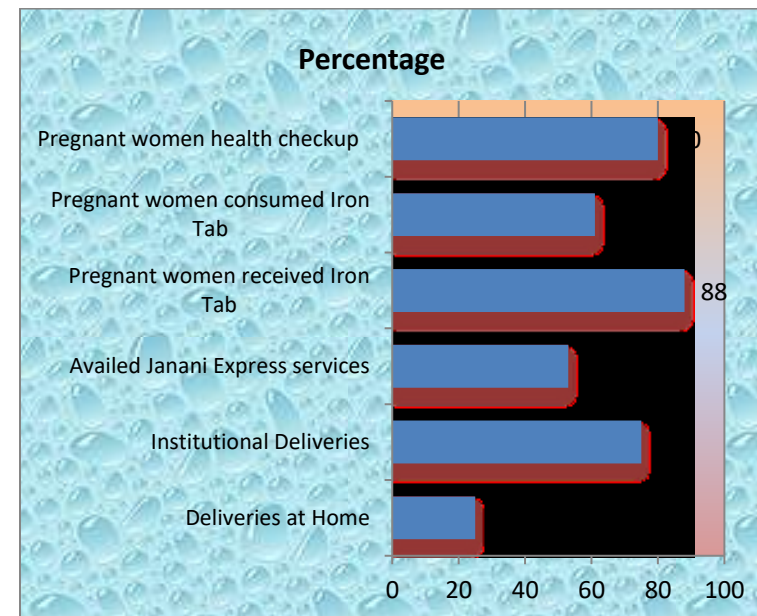
CAPACITY BUILDING

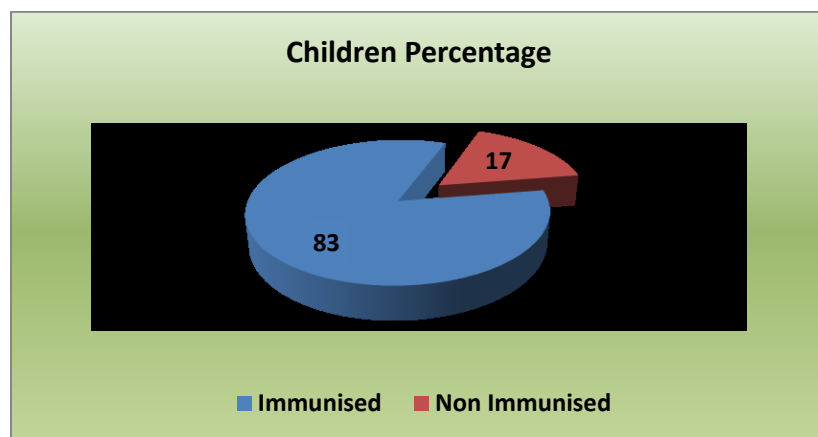
SN	TRAININGS	PARTICIPENTS
1	Livelihood - Poultry, Goatery, Organic Fertilizer, Pesticides (Insect Killer), Plant Nursery	229,110,16,88,22
2	Health and Nutrition - Malnutrition	36
3	Adolescent Girls - Life Skills	68 girls
4	Health and Environment- Eco-Stoves	18 Women in 05 villages
5	Gender, Rights and Entitlement and Forest rights	40



HEALTH AND NUTRITION

SN	PARTICULAR	NUMBERS	%
1	Deliveries		
	Total Deliveries	36	
	Deliveries at home	09	25
	Deliveries in Hospitals	27	75
	Availed Janani Express Services	19	53
	No. of pregnant women received Iron Tablets	32	88
	No. of pregnant women consumed Iron Tablets	22	61
2	Health Check up and Immunisation		
	Pregnant women	26	72
	Pregnant women on health check up	29	80
	Immunisation of children (06 – 36 months)	276	83





MA – BETI SAMMELAN

No. of Sammelans	Number of Participants					
	AWW	ANM	ASHA	Mother in Laws	Other Women	Adolescent girls
10	10	06	10	276	56	218

Following programs mainly covered during the year -

PROGRAM	VILLAGES	FAMILIES	TRAININGS
Nutritional Garden	16	210	
Five Layer Model	06	15	28
Dairy Program	03	10	18

Nutritional Garden

In 16 villages, 210 families have been supported to promote nutritional garden on their house backyard. This initiation helping the family members to include green vegetables in their everyday's

meal. The surplus is being sold too which is adding an extra income in the family.

Five Layer Model

How five layer farming with fruit plants can be developed, a demonstration has been given to 15 families of 6 villages. Mainly Mango, Guava, Jack fruit, Drum sticks, Clustered apple, Papaya and Tuar plant saplings have been developed.



Dairy Program

Under this activity training on Dairy especially for breed improvement, has been given to 18 members and 10 families in 3 villages by providing them Gir cow and Nandi.

MALNUTRITION

Last year, out of 114 malnourished children, 19 children came out from the malnutrition stage. Team is doing regular monitoring of these children. During the COVID period regular monitoring of these children and also sending 38 children to the NRC got interrupted and because of that 18 children have come under severe malnutrition status. Now they have sent to NRC and 77 children improved their malnutrition stage to I and II grade. Anganwadi centers are providing extra diet to these children and regular follow up visits are being conducted to their families to ensure the extra diet at home too.

Success Story

Sushma is a SHG member and lives in village Shri Jhot, Patalkot area. They are total 8 members in the family. Main occupation of the family is farming and labour work. She is involved in Poultry and Nutritional Garden program of the group which is initiated by the organization. Sushma's younger daughter was suffering from malnutrition. Due to some problems Sushma could not send her to the NRC for care. As Sushma attended food festival and also visiting Anganwadi many times, she could learn how to prepare Serelac (Nutritional food) at home with available food grains. She



prepared some sattu (Serelac) for her daughter too and started feeding her time to time with mother milk too. Some changes in her daughter's malnutrition status is clearly visible now and soon she would be out of that condition too. So it's a very positive outcome of awareness and adoption of practices which is definitely related to the better health and nutritional learning.

Anganwadi

There are 12 villages in Patalkot area in Tamia block of Chhindwara district. Seharapaygol is one of these villages which is tribal dominated village. There are 68 households. It is situated in the dense forest. These tribes are known as Bhariya, they are depending

on agriculture and labour work. Seasonally they collect NTFP too to consume and sell it. Their agriculture land and soil is not very fertile as topography of the area is much undulated. Mostly depend on rainy crops.

As the village is in the forest and the community was also not very much aware about the government services, the services were not very regular and effective. Anganwadi is one of them, for namesake it is available in this village but the Anganwadi Worker was not sincere so services which mainly related to the nutrition, health, immunization for the small children and pregnant and lactating women, got affected. When Pararth Samiti started working in this village and surrounding area this Anganwadi problem also came out in the notice.

The villagers many time communicated this problem with the government officials, but nothing has been done. Pararth Samiti talked to the community and the Gram Panchayat officials about the problem and they again tried to do this complain through Gram Sabha but could not get any positive result. Once villagers also personally met the Collector and shared this problem, but that step also could not bring any change in the situation.

The Pararth Samiti staff were also very much trying to discuss about this problem in SHG meetings too, but SHG members were avoiding to talk on this issue and in later stages SHG members started not to attend the meeting and finally SHG became inactive. Once Pararth Samiti's staff raised this matter in Gram Sabha with some villagers, and he was threatened by the husband of Anganwadi worker not to take interest in this matter. The staff became so scared and finally he stopped to visit this village and later also left the Pararth Samiti.

So this was a bigger challenge for the Pararth Samiti how to deal with this issue or problem. Anganwadi worker was not coming to

Anganwadi but every month was getting full payment from the concerning department. Pararth Samiti appointed another person as field worker for that area. After assuring the villagers that will not talk about Anganwadi issue any more, villagers started co-operating them some way, and SHG meetings slowly started again. In later stages Pararth Samiti came to know that husband of Anganwadi Worker knows black magic and that's why all the villages are scared of him. Government concerning department advertise to appoint another AWW there, but no one applied as they had fear.

Again this issue brought in the view of ICDS office at block and district level too Matter had been raised again in the gram sabha. A team from State level (MP, Bhopal) visited the Anganwadi in Seharapaygol village and found it locked. They prepared a report (Panchnama) on it with the signature of some villagers who were present there during the team's visit. Bhopal team put this matter in the High Court Jabalpur. After many days the final decision came in the favour of the Bhopal State government team (ICDS), and Anganwadi worker lost the case and finally she lost the job too. Again ICDS department published an advertisement for the post of Anganwadi worker for that village, many women applied, and finally on the merit base another Anganwadi worker has been appointed and now the children and women are getting services regularly and sincerely in this village.

EDUCATION AND SKILL DEVELOPMENT

Objectives

- To increase and strengthen the understanding on education at institutional level.
- To ensure and promote qualitative school education especially in Tribal dominated areas.

- By establishing the coordination with Education department in the district, develop learning and teaching atmosphere and help the teachers for their capacity building.

During the year, we worked with 61 teachers and 1506 students of 32 government primary schools in Tamia Sankul of Tamia block in Chhindwara district.

SN	Jan Shiksha Kendra (JSK)	Schools	Teachers	Students
1	JSK Tamia	32	61	1506
2	JSK Lahgadua	26	62	1307
3	JSK Jaitpur	27	62	1500
	Total	85	185	4313

Main Activities during the year under this sector

PARTICULAR	NUMBERS	PRESENT
Teacher's Training	05	52 Teachers
Hand Holding support Schools	09	21 Teachers, 454 Student
Protsahan Kendra	03	85 Students
Bal Mela	17	22 Teachers, 315 Students
SMDC Training	09	316 Members
Meeting with Govt Education Department	27	22 Teacher, 314 Students



- Three Protsahan Kendra active
During the COVID period, Mohalla Classes have been organized by our team to keep studies continue for children. Students of primary schools are regularly attending. Some changes can be seen in community and families as they are sending children to these centers. Children developed interest in learning process together with the team members.
- Regular Primary Schools visits by the team members are encouraging students and teachers too to understand better maths and Hindi subjects while using the different activity based teaching and learning.
- Capacity Building of Teachers by organising trainings for primary school teachers. Shiksha Samvaad program is getting affected as the teachers improving their understanding.
- Bal Mela / Madai focused on Maths subject
- Nine Trainings for SMDC awareness, have been organised 218 people participated.
- Coordination between Community and Education department



"ACTIVITY ROOM"

- A SUCCESSFUL INITIATION IN SCHOOL EDUCATION -



Village Dhusavani of Tamia Block in Chhindwara district of Madhya Pradesh, is a small tribal village where the population is between 900 and 1000. There are 4 hamlets in the village as it is situated in the forest with undulated geography. Around 250 tribal children are getting education in Government Primary and Middle school here.

"Pararth Samiti" is a NGO working in the area since last more than 10 years in the field of education and other social development issues. The households of the village Dhusavani are mostly depend on agriculture and labour work. Their economical conditions are not good and so their priority is not education. Their children are enrolled in school but not very regular in attending the classes due to many reasons and one of the reasons is no attraction in classroom teaching and learning in most of the government schools. This reason inspired the Pararth Samiti to start a "Shiksha Protsahan Kendra" (Education Inspiration / Encouragement Center) in this village as an experiment step.

In the year 2018, Pararth Samiti started such center in Dhusavani village for the school going children. This center open for 1-2 hours in extra timings where children come and do various interesting activities with the help of a young lady teacher (from the same village) appointed by the Pararth Samiti. Children were learning various subjects through stories, games, poems, actions and other teaching and learning materials. Children found it more interesting and attractive and it resulted increased attendance of the children in school. It has been found a successful step, but a question arrived in mind that how this can become a part of the regular government primary schools. Pararth Samiti contacted the headmaster of the school and shared this concept with him. The headmaster got inspired with this idea and permitted Parmarth Samiti to run this "Shiksha Protsahan Kendra" in a classroom of school. Pararth Samiti provided musical instruments; games and sports material in this center and school opened a library by providing various books and magazines. Mr. Arvind Soni, headmaster of the school found it very effective and interesting as they saw its encouraging results.

The head master and Pararth Samiti started brainstorming on this concept for its further improvement for its sustainability and more effectiveness. One of friends one day shared a photo of a school classroom where children are playing "Snakes and Ladders" game on the floor and learning numbers and mathematics, and this photo was downloaded through "Google". From this photo only got an open source of Google to get more ideas to equip the classroom as "An Activity Room" for the children to learn various subjects. After discussion with the Headmaster we got a separate room which was in bad shape and not in use, to develop with the ideas got from Google. Headmaster and Pararth Samiti together repaired the room and with the great help and ideas from Google this room converted in a very colorful, pictorial and attractive Activity Room. It took one and half month to get ready. The roof, walls and floor all has been painted with colourful images and diagrams of solar system, planet,

environment, seasons, numbers, letters and words, graphs, stories, games, and many more related to the various subjects. After getting this room ready on 12 January 2019, Block Education Officer inaugurated. Soon this news about Activity Room spread in the area, district and through internet, Google and other Social media. Around 40,000 likes and comments received on this "Activity Room" concept in Face Book. This Primary school of village Dhusavani has been selected as Best Primary School and received award on 26th January 2019 in Chhindwara. Pararth Samiti and the Headmaster and staff of the school together admit a big contribution and role of Google to develop this Activity Room, now its an inspiration for other schools too not only in the surroundings but also in other districts too. The changes and the results can be seen amongst the school children's learning in interests.



Staff DIET Chhidwara, MLA and other leaders, officers, and villagers visiting the "Activity ROOM" in Primary School, Dhusavani

Protsahan Kendra

In Tamia block 3 **Protsahan Kendra** has been established with the initiation of Pararth Samittee and coordination with government Education department. One Protsahan Kendra has been established in Primary school, Dhobiwada in Tamia block. With the hard labour of Mr. Meghraj Paradkar, Head Master, Primary school Dhobiwada and Pararth team, the activity based learning has been promoted in the school and now the results are very encouraging where school children are now able to understand easily and also getting interest in learning. The protsahan Kendra not only encouraging or making children interested in learning but teachers also getting new energy and strength.



RAJ – A mentally Retarded Child

In village Dhusawani, Tamia block, Chhindwara, another Protsahan Kendra has been started in Primary School in 2018-19. Raj, a boy from the village also enrolled in the school and in Protsahan Kendra too. He was a very quiet and scared always, his behavior was totally different from the other students in the class. He generally doesn't involve himself in any activity or games. Always emptiness is visible in his eyes. He was mentally retarded. PararthSamitti team member, who used to come daily to the protsahan Kendra, observing this child since long time. When he found Raj's history, he came to know that the father of Raj died so early when Raj was very young and his

mother was also mentally ill, so its affected Raj's life too. Team member decided to give an extra attention on Raj, tried to talk with him, asked some questions but Raj not responded. One day after many tries, Raj responded with a cute smile, which was a happy start for the teachers, then slowly started responding. This was happening for many days, teachers were also not pressurizing him to do something. But slowly Raj started involving himself in class room activities with other children. Now he is a active child and his behavior has been changed, he looks happy and always eager to do something. Although his intellectual level is bit low than the other students but still he is very active in learning and studies.

So it's a very encouraging and positive result of hard work and patience of the teachers in Protsahan Kendra, which can change life of any child.



LIVELIHOOD PROGRAM**Objectives**

- To stop seasonal migration of tribal women by linking them with permanent livelihood activities.
- To improve economical condition of the marginal and small farmers of tribal community.

Mainly following programs going on –

PARTICULARS	BENEFICIARIES
Rain Shelter	110
Poultry	218
Goatery,	88
Pashu Sakhi (Para – vet)	16

RAJWATI – A beneficiary

Rajwati is a active member of SHG in Sri Jhot village in Tamia block. Her economical condition was not so sound, she was doing labour work to take care of her family. She came to know about Pararth Samiti and its program. She joined the SHG in her village and came to know about some livelihood programs which can be an additional source of income. She involved herself in Poultry program of the organization and got 30 chicks from the samiti to start a small poultry farm in her backyard. After a year now she has 34 chickens and she sold chicken also during the year of Rs.10000-15000. In next step she got Nutrition Garden program under rain shelter program of the organization, and started growing vegetables by using organic fertilizers. Mainly started by growing tomato and in a year she sold approximate 150 kg tomato of Rs.11,000/- to 12,000/-. Now she started growing other vegetables too which is being eating by the family members and also selling it in the market. So after joining the

SHG and its programs we can see how it is changing the economical and health status in Rajwati's family –

- No loan has been taken from the sahukar in need specially at the time of treatment of family members as she is now able to get loan from the SHG savings on nominal interest and also getting an extra income in the family by selling chicken and vegetables. So the dependency of loan on the market is getting reduced.
- Children and other family members getting required vitamins etc through healthy food as now green and fresh



vegetables and eggs are included in their food.

Poultry

Since last 2 years we are promoting backyard Poultry. During the reporting year 137 families are involved in Poultry activity. The organization supported them with chicks and Night Shelter Homes. The details are as below –

VILLAGES	SHGs	BENEFICIARIES	NIGHT SHELTER HOMES
16	28	218	218

TRAINING OF THE MEMBERS		
NEW MEMBERS	FIRST STAGE	SECOND STAGE
81	38	99

Poultry a support for Livelihood

1. **Bhediapani village** is situated in Tamia block where accessibility is a problem and therefore the families which lives in this village are economically not in good conditions. PararthSamiti initiated some activities in this area too by forming women SHG. Samiti introduced Poultry program in the group and provided 20-20 chicks to 6 women of SHG in initial stage, also helped them to build a low cost poultry shed. Time to time training and on spot trainings helped them to keep their chickens healthy and productive. Selling of eggs and chicken helped them to get an additional income in the family also consuming eggs helped in keeping children and other members healthy. By seeing the positive results all the SHG members are now focusing to expand their poultry to get more benefits.
2. **Bodalpathar** is a hamlet of Village Bijori in Tamia block. Seeta Bai Marskole lives here. They have 4 children. The main occupation is farming and labour work. Pararth Samiti formed a Anandi SHG in the village with 10 women members. Samiti provided chicks and related training on poultry to the 5 women in the group. Seeta was not from them but she purchased 3 chicken and some eggs from the families who were involved in poultry program in the group. She also built a chicken shed by her own, and got hatched some eggs from those eggs. This way she started her own small poultry and selling eggs and chicken also got a training on vaccination of chicken by which she was protecting chicken in the village and also earning through vaccination charges for rendering the services. So its another a good example of awareness and motivation also for livelihood support activity.



Goatery



This year, under this program 88 women members have been covered from 14 SHGs in 8 villages. 15 new beneficiaries have been added during the year. As per requirement training on goatery management, Breeding and market have been organized for the new beneficiaries. In 62 beneficiaries families, goat houses has been got repaired by women SHG members. Now they are bringing their goats to the Cattle fairs where they get vaccinated their goats and measuring weight so if they want to sell they can get the rates as per the weight.

TRAINING		
PARTICULARS	NUMBERS	TRAINING ROUNDS
For new beneficiaries	15	I
First Phase	65	II
Goat School	88	I & II

Training / Meeting of Para vet (PashuSakhi)

TRAINING		
PARTICULARS	NUMBERS	TECHNICAL TRAINING
PARA - VET	16	III

In 15 villages regular Cattle fairs are being organized by Para-vet where they do health checkups, vaccination and treatment also of the goats. For rendering this service they are earning an average Rs.1000 to 1500/- per month.

GOATERY AND CATTLE FAIR - CHIMATIPUR



Chimatipur is a tribal village situated in the valley of Patalkot area in Tamia block of Chhindwara district. There are approximate 52 families are residing, it is totally a tribal village with Gond and Bharia tribes. They are mainly depending on agriculture and labour work also on NTFP. Pararth samiti working with these people and formed two women groups in this village named – Sharda and Laxmi SHGs. Total 29 women are the members of these groups. Both groups are doing savings and inter loaning and at present both groups are having savings of more than Rs.50,000/-. They can give loans up to Rs.25000/- on a very low interest rate to the women members of the group in emergencies and needy situations.

In Sharda SHG, 2-2 goats have been given to 5 women of the group for promoting the livelihood support. The beneficiaries also got trainings on Goatery management and breeding. Every month a Cattle fare is being organized by the organization where the given goats and also other goats in the village get health check up and measuring weight. They also get guidance how to keep their goats

healthy and beneficial. The beneficiaries got an extra income in the family from Rs. 8000/- to 39,000/- after selling some of their goats which they increased the number of their goats after receiving the 2 goats from the organization. So it's a very successful program for livelihood support in village like Chimatipur. Other women in the village also got motivation to take proper care by proper feeding and regular health check up of their goats too.



CORONA RELIEF WORK (Action Aid, WWF Delhi, PHF)

- Awareness on CORONA vaccination in 56 villages
- Distribution of face mask (produced by SHGs) and demonstrated its use
- Nutritional Food distribution to 285 children, pregnant and lactating women
- Ration Kit distribution to 110 families in 16 villages
- First Aid Kits distribution in 14 villages



FINANCIAL REPORT

